

Embracing the New Normal

◀ Mar 2021		April 2021					May 2021 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1 1pm Newborn Class: BF 201: Beyond the first Month	2	3 10am-noon 3-12mo: Feeding Growing Babies	
4	5	6 1pm 3-12mo: Mental Health for Parents	7	8 1pm Newborn Class: Beyond the Baby Blues 7pm Toddler/Preschool Class	9	10 10am-noon 3-12mo: Mental Health for Parents	
11	12	13 1pm 3-12mo: Sleep Strategies	14	15 1pm Newborn Class: Sleep Strategies	16	17 10am-noon 3-12mo: Sleep Strategies	
18	19	20 1pm 3-12mo: Village Building	21	22 1pm Newborn Class: It Takes a Village	23	24 10am-noon 3-12mo: Village Building	
25	26	27 1pm 3-12mo: Celebrations and Concerns	28	29 1pm Newborn Class: Celebrations and Concerns	30		

Newborn- 3 months: Thursdays 1-3pm

3-12 months: Tuesday 1-3pm and Saturday 10:00am-Noon

Toddler/Preschool group: Second Thursday of each month 7-9pm

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May 2021						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 10am-noon 3-12mo: Celebrations and Concerns
2	3	4 1pm 3-12mo: Meaningful Mother's Day	5	6 1pm Newborn Class: Meaningful Mother's Day	7	8 10am-noon 3-12mo: Meaningful Mother's Day
9	10	11 1pm 3-12mo: Sex and Romance for Parents of Young Children	12	13 1pm Newborn Class: Getting' Busy... It's a New Normal 7pm Toddler/Preschool Class	14	15 10am-noon 3-12mo: Sex and Romance for Parents of Young Children
16	17	18 1pm 3-12mo: Sharing Birth Stories/ Thinking about another baby?	19	20 1pm Newborn Class: Sharing Birth Stories	21	22 10am-noon 3-12mo: Birth Stories/Thinking about more babies?
23	24	25 1pm 3-12mo: Emotion Coaching	26	27 1pm Newborn Class: Calming and Soothing	28	29 10am-noon 3-12mo: Emotion Coaching
30	31					

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◀ May 2021		June 2021					Jul 2021 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 1pm 3-12mo: Communication and Language Aquisitionj	2	3 1pm Newborn Class: Couples Transition to Parenthood	4	5 10am-noon 3-12mo: Communication and Language Aquisition	
6	7	8 1pm 3-12mo: Babywearing Trouble Shooting	9	10 1pm Newborn Class: Babywearing 7pm Toddler/Preschool Class	11	12 10am-noon 3-12mo: Babywearing Trouble Shooting	
13	14	15 1pm 3-12mo: Honoring Your Parenting Partner	16	17 1pm Newborn Class: Honoring your Parenting Partner	18	19 10am-noon 3-12mo: Honoring Your Parenting Partner	
20	21	22 1pm 3-12mo: Babysitters?	23	24 1pm Newborn Class: Childcare Options	25	26 10am-noon 3-12mo: Babysitters?	
27	28	29 1pm 3-12mo: Feeding Growing Babies	30				

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