

Embracing The New Normal

◀ Feb 2019		March 2019					Apr 2019 ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
					1	2		
3	4	5 10:30am 3-6 mo: Feeding Growing Babies 1pm 6-12mo: Introducing Table Foods	6	7 1pm Newborn Class: BF 201: Beyond the First Month 7pm Toddler Class	8	9		
10	11	12 10:30am 3-6 mo: Babysitters and mother's helpers 1pm 6-12mo: Babysitters and Mother's Helpers	13	14 1pm Newborn Class: Childcare Options	15	16		
17	18	19 10:30am 3-6mo: Self Care for New Parents 1pm 6-12mo: Self Care for New Parents	20	21 1pm Newborn Class: Beyond the Baby Blues 7pm Preschool Class	22	23		
24	25	26 10:30am 3-6mo: Sleep Strategies 1pm 6-12mo: Sleep Strategies	27	28 1pm Newborn Class: Sleep Strategies 7pm Conversations About Motherhood	29	30		
31								

Newborn-3 months: Mondays 3-4:30pm in Renton and Thursdays 1pm-3pm

3-6 months: Tuesdays 10:30am-12:30pm

6-12 months: Tuesdays 1pm-3pm

Toddler Class: 7pm-9pm on the FIRST Thursday

Preschool Class: 7pm-9pm on the THIRD Thursday

Conversations About Motherhood: 7pm-9pm on the FOURTH Thursday