

◀ Jul 2018		August 2018					Sep 2018 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1	2 1pm :Newborn Class: BF 201 Beyond the First Month 7pm Embracing Your Toddler	3	4	
5	6	7 1pm 3-12mo: Babysitters and Mothers Helpers	8	9 1pm Newborn Class: Childcare Options	10	11	
12	13	14 1pm 3-12mo: I Need A Break! Self Care for Parents	15	16 1pm Newborn Class: Beyond the Baby Blues 7pm: Embracing Your Preschooler	17	18	
19	20	21 Kirkland Outdoor Concert: Caspar Babypants! 10:00-11:00	22	23 1pm: Newborn Class Sleep Strategies 7pm Conversations About Motherhood	24	25	
26	27	28 1pm 3-12mo: Sleep Strategies	29	30 1pm Newborn Class: It Takes A Village! 7pm Proactive Parenting	31		

Newborn-3 months: Thursdays 1pm-3pm

3-6 months: Tuesdays 10:30am-12:30pm

6-12 months: Tuesdays 1pm-3pm

Toddler Class: 7pm-9pm on the FIRST Thursday

Preschool Class: 7pm-9pm on the THIRD Thursday

Conversations About Motherhood: 7pm-9pm on the FOURTH Thursday