

# September 2017

*Embracing The New Normal*

[www.EmbracingTheNewNormal.com](http://www.EmbracingTheNewNormal.com)

0-3 month class meets Thursdays 1p-3p,  
 3-6 month class meets Tuesdays 10:30a-12:30p,  
 6-12 month class meets Tuesdays 1p-3p

Classes meet at Emerald City Judo in Redmond

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		29	30	31	1	2
3	LABOR DAY 4	5 10:30a 3-6 mo Developmental Stages 1p 6-12 mo (mostly) Free Fall Activities	6	7 1p 0-3 mo Developmental Stages 7pm Embracing Your Toddler	8	9
10	11	12 10:30a 3-6 mo Sharing Birth Stories 1p 6-12 mo Thinking About Another Baby?	13	14 1p 0-3 mo Sharing Birth Stories	15	16 1:30pm-4:30pm Self Defense for Women
17	18	19 10:30a 3-6 mo Everyone's Got an Opinion! 1p 6-12 mo Everyone's Got an Opinion!	20	21 1p 0-3 mo Everyone's Got an Opinion! 7pm Embracing Your Preschooler	22	23
24	25	26 10:30a 3-6 mo Carriers for Growing Babies 1p 6-12 mo Celebrations and Concerns	27	28 1pm 0-3 mo Wearing Your Baby 7pm Conversations About Motherhood	29	30

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