

August 2017

Embracing The New Normal

www.EmbracingTheNewNormal.com

0-3 month class meets Thursdays 1p-3p,
 3-6 month class meets Tuesdays 10:30a-12:30p,
 6-12 month class meets Tuesdays 1p-3p

Classes meet at Emerald City Judo in Redmond

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30a 3-6mo Sleep Strategies 1pm 3-12mo Sleep Strategies	2	3 1p 0-3mo Sleep Strategies 7pm Embracing Your Toddler	4	5
6	7	8 10:30a 3-6 mo Myla R. Parenting Styles 1p 6-12 mo Myla R. Parenting Styles	9	10 1p 0-3 mo Transition to Parenthood	11	12
13	14	15 10:30a 3-6 mo Growing Your Village 1p 6-12 mo Growing Your Village	16	17 1p 0-3 mo It Takes A Village 7pm Embracing Your Preschooler	18	19
20	21	22 Special Event! All Classes meet at Juanita Beach Park for Caspar Babypants Concert Music starts at 10:00am	23	24 1p 0-3 mo Getting' Busy...It's a New Normal! 7pm Conversations About Motherhood	25	26
27	28	29 10:30a 3-6 mo Feeding Your Growing Baby 1p 6-12 mo Feeding Your Growing Baby	30	31 1p 0-3 mo BF 201 Beyond the First Month		

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